

**Student Health Force
Pre- & Post-Use Assessment for Unit 1**

3-4 (4.2 reading level)

1. Which of the following are examples of bullying or teasing?

	Bullying	Teasing
Someone keeps saying they will beat you up.		
Someone keeps pushing you and saying it was an accident.		
Someone is spreading rumors about you. (It does not matter if they are true or false.)		
Someone is following you, and you've asked them to stop. (It could be emailing or calling you.)		
Someone is calling you names or doing things to embarrass you in front of others.		
Someone keeps taking your things without permission.		
Someone keeps leaving you out.		

True or False

2. A friend should be just like you.
3. Washing your hands helps keep you from getting sick.
4. Bullying is always hitting, kicking, etc.
5. Television shows influence you.
6. You can make choices that influence your health.
7. It is good to plan goals that are doable.